


PUERTO RICAN COMMUNITY CENTER INC.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Note: Every yogurt meets the sugar requirements, all JUICE is 100% JUICE no added sugars, milk served is 1% fat free.					
Week Beginning on April 1st, 2024					
BREAKFAST					
LUNCH	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
SNACK					
Week Beginning on April 8th, 2024					
BREAKFAST	French Toast Pineapple Cup 1% White Milk- 6oz	Eggo Mini Pancakes Peach Cups 1% White Milk- 6oz	Cinnamon Toast Cereal Fruit Cocktail 1% White Milk- 6oz	Blueberry Muffin Mandarin Cups 1% White Milk- 6oz	W/G Croissant w/Cream cheese Applesauce Cups 1% White Milk- 6oz
LUNCH	W/G Chicken Nuggets-4 Mixed Vegetables-1/2 c. Diced Pear Cup-1/2 c. Whole Wheat Dinner Roll 1% White Milk-6 oz.	Cheese Ravioli w/ Spaghetti Sauce-4 oz. Green Beans-1/2 c. Fresh Apple-1 Whole Grain Bread 1% White Milk-6 oz.	All Beef Hamburger on a Whole Wheat Bun-1 Diced Carrots-3/4 c. Fresh Banana-1 1% White Milk-6 oz.	Grilled Chicken Fillet with Gravy-3 oz. Mashed Potatoes-1/2 c. Applesauce Cup-1/2 c. Whole Grain Bread 1% White Milk-6 oz.	Turkey Pepperoni Calzone - 5oz. Romaine Salad w/ Dressing-1 c. Fresh Orange-1 1% White Milk-6 oz.
SNACK	Educational Snacks Paradise Juice	Chocolate Graham crackers Fruit Punch	Cheese Sticks Apple Juice	Peach yogurt w/ Granola Mango Juice	W/G Sun chips Water
Week Beginning on April 15th, 2024					
BREAKFAST	W/G Pancakes Pineapple Cups 1% White Milk- 6oz	Cinnamon Toast Cereal Diced Peaches 1% White Milk- 6oz	Blueberry "Chex" Cereal Fruit Cocktail 1% White Milk- 6oz	W/G Croissant w/ Cream Cheese Peach Cups 1% White Milk- 6oz	Blueberry Muffin Fruit Cocktail 1% White Milk- 6oz
LUNCH	Breaded Chicken Patty on a Whole Wheat Bun-1 Corn-1/2 c. Mandarin Orange Cup-1/2 c. 1% White Milk-6 oz.	All Beef Hamburger on a Whole Wheat Bun-1 Diced Carrots-3/4 c. Fresh Banana-1 1% White Milk-6 oz.	Turkey on a W/G Potato Bun-1 Fresh Baby Carrots w/ Dip-3/4 c. Diced Pear Cup-1/2 c. 1% White Milk-6 oz.	Crispy Chicken Drumsticks-4 Seasoned Diced Potatoes - 1/2c Whole Wheat Dinner Roll Fresh Banana-1 1% White Milk-6 oz.	Whole Wheat 3x5 Cheese Pizza-1 Romaine Salad w/ Dressing-1 c. Fresh Orange-1 Mozzarella Cheese Sticks-1 1% White Milk-6 oz.
SNACK	REDUCED DAY	Cheese Sticks Water	Cheez-ITZ Fruit Punch	Educational Snacks Orange Juice	Peach Yogurt w/ Granola Water
Week Beginning on April 22nd, 2024					
BREAKFAST	French Toast Diced Peaches 1% White Milk- 6oz	Blueberry Muffin Fruit Cocktail 1% White Milk- 6oz	Chex Cereal Mandarin Cups 1% White Milk- 6oz	Pancake Sandwich Applesauce Cups 1% White Milk- 6oz	Cinnamon Toast Cereal Mandarin Cups 1% White Milk- 6oz
LUNCH	Grilled BBQ Chicken Fillet on a W/W Bun-1 Mixed Vegetables-1/2 c. Mixed Fruit Cup-1/2 c. 1% White Milk- 6oz.	Beef Meatloaf w/ Ketchup-3 oz. French Fries - 1/2c. Whole Grain Bread Fresh Apple-1 1% White Milk-6 oz.	W/G Wow Butter & Strawberry Jelly Jammer-1 Celery Sticks -1/2c w/ Dip Fresh Apple-1 1% White Milk- 6oz.	Enchilada Empanada Calzone - 5oz. Black Bean & Corn Cup - 1/2c Applesauce Cup-1/2 c. 1% White Milk-6 oz.	Tony's Pizza - 4.5oz. Romaine Salad w/ Dressing-1 c. Fresh Orange-1 1% White Milk-6 oz.
SNACK	Graham Vanilla Bear Orange Juice	Educational Snacks Paradise Juice	W/G Sun chips Apple Juice	Cheese Sticks Mango Juice	Cheez-ITZ Fruit Punch Juice
Week Beginning on April 29th, 2024					
BREAKFAST	W/G Pancakes Peach Cups 1% White Milk- 6oz	Chex Mix Cereal Fruit Cocktail 1% White Milk- 6oz	 <p style="font-size: small;">shutterstock.com - 1552498521</p>		
LUNCH	Chicken Burger - 3oz on Wheat Hamburger Bun Broccoli Florets -1/2c. Fresh Orange - 1 1% White Milk- 6oz.	Whole Grain Fiesta Beef & Cheese Wrap - 1 Cold Corn Cup - 1/2c Applesauce Cup - 1/2c 1% White Milk-6 oz.			
SNACK	Educational Snacks Mango Juice	Cheez-ITZ Paradise Juice			

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Menu is subject to change anytime.