







# PUERTO RICAN COMMUNITY CENTER, INC.

NOTE: EVERY YOGURT MEETS THE SUGAR REQUIREMENTS, ALL JUICE IS 100% JUICE NO ADDED SUGARS, MILK SERVED IS 1% FAT FREE.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK BEGINNING ON APRIL 1, 2025</b>					
<b>BREAKFAST</b>		W/G CINNAMON TOAST CEREAL PEAR CUP 1% WHITE MILK-6 OZ	W/G CORN MUFFIN MIXED FRUIT CUP 1% WHITE MILK-6 OZ	W/G SCOOTERS CEREAL PEACH CUP 1% WHITE MILK-6 OZ	W/G WAFFLE STICKS APPLESAUCE CUP 1% WHITE MILK-6 OZ
<b>LUNCH</b>		BBQ BEEF RIBLET ON WHEAT HAMBURGER BUN - 1 DICED CARROTS - 3/4C FRESH APPLE - 1 1% WHITE MILK-6 OZ.	BEEF TACOS W/ SHREDDED CHEDDAR CHEESE ON W/G FLOUR TORTILLAS -2 GREEN BEANS - 1/2C FRESH BANANA - 1 1% WHITE MILK-6 OZ.	W/G FIESTA BEEF & CHEESE WRAP-1 BLACK BEAN & CORN CUP - 1/2C FRESH APPLE - 1 1% WHITE MILK-6OZ.	WHOLE WHEAT 3X5 CHEESE PIZZA-1 ROMAINE SALAD W/ DRESSING-1 FRESH ORANGE-1 MOZZARELLA CHEESE STICKS-1 1% WHITE MILK-6 OZ.
<b>SNACK</b>		EDUCATIONAL CRACKERS BERRY JUICE	UTZ PRETZEL CHEESE STICKS	SUN CHIPS SAUCE CUP	VANILLA YOGURT RAISING
<b>WEEK BEGINNING ON APRIL 7, 2025</b>					
<b>BREAKFAST</b>	W/G MINI PANCAKES FRESH BANANA 1% WHITE MILK-6 OZ.	WG CORN FLAKES CEREAL APPLE SLICES 1% WHITE MILK-6 OZ.	W/G CINNAMON STICKS PEAR CUP 1% WHITE MILK-6 OZ.	W/G TRIX CEREAL MIXED FRUIT CUP 1% WHITE MILK-6 OZ.	W/G APPLE MUFFIN PEACH CUP 1% WHITE MILK-6 OZ.
<b>LUNCH</b>	W/G PIZZA MIXED VEGETABLES PEACH CUP 1%WHITE MILK -6OZ	W/G CHEESE MANICOTTI-2 W/ SPAGHETTI SAUCE GREEN BEANS - 1/2C MIXED FRUIT CUP-1/2C WHEAT DINNER ROLL - 1 1% WHITE MILK-6 OZ.	BREADED CHICKEN PATTY WHOLE WHEAT BUN-1 CORN-1/2 C. MANDARIN ORANGE CUP-1/2 1% WHITE MILK-6 OZ.	TURKEY ON A W/G POTATO BUN- 1 FRESH BABY CARROTS W/DIP DICED PEAR CUP-1/2C. 1% WHITE MILK-6OZ.	W/G PIZZA BAGEL - 5OZ ROMAINE SALAD W/ DRESSING-1 FRESH ORANGE-1 1% WHITE MILK-6 OZ.
<b>SNACK</b>	<b>REDUCED DAY</b>	BABY CARROTS DRESSING-1	ANIMAL CRACKERS PARADISE JUICE	VANILLA YOGURT KIWI	EDUCATIONAL CRACKERS CHEESE STICKS
<b>WEEK BEGINNING ON APRIL 14, 2025</b>					
<b>BREAKFAST</b>	W/G COCOA PUFFS CEREAL MANDARIN CUP 1% WHITE MILK-6 OZ.	W/G BANANA MUFFIN MANGO CHUNKS 1% WHITE MILK-6 OZ.	W/G SCOOTERS CEREAL PEACH CUP 1% WHITE MILK-6 OZ.	W/G MINI PANCAKES PEAR CUP 1% WHITE MILK-6 OZ.	<b>SCHOOL CLOSED</b>  
<b>LUNCH</b>	BEEF MEATLOAF W/ KETCHUP FRENCH FRIES - 1/2C. WHOLE GRAIN BREAD FRESH PEAR - 1 1% WHITE MILK-6 OZ.	CHICKEN MEATBALLS PARMIGIANA ON WHEAT HOT DOG BUN - 1 MIXED VEGETABLES - 1/2C FRESH APPLE - 1 1% WHITE MILK-6 OZ.	ROAST BEEF & PROVOLONE W/G POTATO BUN-1 FRESH BABY CARROTS DICED PEAR CUP-1/2 C. 1% WHITE MILK-6 OZ.	W/G CAVATAPPI PASTA & BROCCOLI W/ ALFREDO SAUCE WHOLE WHEAT DINNER ROLL FRESH APPLE - 1 1% WHITE MILK-6 OZ.	
<b>SNACK</b>	W/G HONEY GRAHAM CRACKERS CHEESE STICKS	LOAF APPLE CINNAMON SEEDLESS GRAPES	UTZ PRETZEL FRUIT GEL STRAWBERRY	PEACH YOGURT SUNRICE CRACKES	
<b>WEEK BEGINNING ON APRIL 21, 2025</b>					
<b>BREAKFAST</b>	<b>SCHOOL CLOSED</b>				
<b>LUNCH</b>					
<b>SNACK</b>					
<b>WEEK BEGINNING ON APRIL 28, 2025</b>					
<b>BREAKFAST</b>	W/G CHEERIOS CEREAL STRAWBERRY APPLESauce 1% WHITHE MILK-6 OZ.	W/G TRIX CEREAL PEACH CUP 1% WHITHE MILK-6 OZ.	W/G CORN FLAKES CEREAL PEAR CUP 1% WHITHE MILK-6 OZ.	<p>In Accordance With Federal Law And U.S. Department Of Agriculture (Usda) Policy, This Institution Is Prohibited From Discriminating On The Basis Of Race, Color, National Origin, Age, Disability, Sex, Gender, Identity, Religion, Reprisal Where Applicable, Political Beliefs, Marital Status, Familial Or Parental Status, Sexual Orientation, Or All Or Part Of An Individual's Income Is Derived From Any Public Assistance Program, Or Protected Genetic Information In Employment Or In Any Program Or Activity Conducted Or Funded By The Department ( Not All Prohibited Bases Will Apply To All Programs And/Or Employment Activities) To File A Complaint Form, Complete The Usda Program Discrimination Complaint Form Or Write A Letter To The Us Department Of Agriculture, Director Office Adjudication, 1400 Independence Avenue, Sw Washington, D.C. 20250-9410; 1. Fax: (202) 690-7442; Or 2. Email: Program.Intake@Usda.Gov. Individuals Who Are Deaf Hard Of Hearing Or Have Speech Disabilities June Contact Usda Through The Federal Relay Services At 1800 877 8338, Or (800)845-6136 (Spanish) Usda Is An Equal Opportunity Provider And Employer.</p>	
<b>LUNCH</b>	W/G CHICKEN NUGGETS-4 MIXED VEGETABLES-1/2 C. FRESH ORANGE -1 WHEAT DINNER ROLL - 1 1% WHITE MILK-6 OZ.	W/G CHEESEBURGER CALZONE - 5OZ FRESH BABY CARROTS - 3/4C DICED PINEAPPLE CUP - 1/2C 1% WHITE MILK-6 OZ.	BEEF TACOS W/ SHREDDED CHEDDAR CHEESE ON W/G FLOUR TORTILLAS -2 GREEN BEANS - 1/2C FRESH BANANA - 1 1% WHITE MILK-6 OZ.		
<b>SNACK</b>	ANIMAL CRACKERS FRUIT GEL ORANGE	W/G LOAF BLUEBERRY 1% WHITHE MILK-6 OZ.	STRAWBERRY BANANA YOGURT RAISING		

Menu is subject to change anytime.