



PUERTO RICAN COMMUNITY CENTER, INC.

NOTE: EVERY YOGURT MEETS THE SUGAR REQUIREMENTS, ALL JUICE IS 100% JUICE NO ADDED SUGARS, MILK SERVED IS 1% FAT FREE.

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK BEGINNING ON MAY 1, 2025					
BREAKFAST	In Accordance With Federal Law And U.S. Department Of Agriculture (Usda) Policy, This Institution Is Prohibited From Discriminating On The Basis Of Race, Color, National Origin, Age, Disability, Sex, Gender, Identity, Religion, Reprisal Where Applicable, Political Beliefs, Marital Status, Familial Or Parental Status, Sexual Orientation, Or All Or Part Of An Individual's Income Is Derived From Any Public Assistance Program, Or Protected Genetic Information In Employment Or In Any Program Or Activity Conducted Or Funded By The Department (Not All Prohibited Bases Will Apply To All Programs And/Or Employment Activities) To File A Complaint Form, Complete The Usda Program Discrimination Complaint Form Or Write A Letter To The Us Department Of Agriculture, Director Office Adjudication, 1400 Independence Avenue, Sw Washington, D.C. 20250-9410; 1. Fax: (202) 690-7442; Or 2. Email: Program.Intake@Usda.Gov. Individuals Who Are Deaf Hard Of Hearing Or Have Speech Disabilities June Contact Usda Through The Federal Relay Services At 1800 877 8338, Or (800)845-6136 (Spanish) Usda Is An Equal Opportunity Provider And Employer.			W/G CORN MUFFIN PEACH CUP 1% WHITE MILK-6 OZ.	W/G WAFFLES PEAR CUP 1% WHITE MILK-6 OZ.
LUNCH				SWEET+SOUR CHICKEN 2OZ BRUSSEL MIX 4OZ WG RICE 1OZ FRESH BANANA 2OZ MILK 1% 6 OZ	CHICKEN SANDWICH AND CHEESE 2OZ WG BREAD 1OZ POTATOE SALAD 4OZ MIXED FRUIT CUP 2OZ MILK 1% 6OZ
SNACK				EDUCATIONAL CRACKERS MANGO CHUNKS	ALLSPORT CRACKERS APPLE JUICE
WEEK BEGINNING ON MAY 5, 2025					
BREAKFAST	W/G APPLE MUFFIN FRESH BANANA 1% WHITE MILK-6 OZ.	W/G CINNAMON TOAST FRESH CANTALOUPE 1% WHITE MILK-6 OZ.	SCRAMBLED EGGS MINI PANCAKES FRESH ORANGE 1% WHITE MILK-6 OZ.	W/G TRIX CEREAL FRESH GREAPES 1% WHITE MILK-6 OZ	W/G MINI BAGEL STRAWBERRY CREAM CHEESE FRESH APPLE SLICE 1% WHITE MILK-6 OZ.
LUNCH	CHEESE RAVIOLI 2OZ WG PASTA 2OZ GREEN BEANS 2OZ PEAR CUP 2OZ 1% WHITE MILK-6 OZ.	CHICKEN STEAK 2OZ CARROTS 4OZ WG ROTINI 1OZ APPLESAUCE 2OZ 1% WHITE MILK-6 OZ.	CHEESE PASTA "TORTELLINI" 4OZ BROCCOLI 4OZ PINEAPPLE CUP 2OZ 1% WHITE MILK-6 OZ.	CHICKEN BAKED 2OZ MASH POTATO 4OZ WG RICE 1OZ MANDARIN 2OZ 1% WHITE MILK-6 OZ.	MEETBALL AND CHEESE SANDWICH 2oz COLE SLAW 4OZ MIXED FRUIT CUP 2OZ 1% WHITE MILK-6 OZ.
SNACK	ANIMALS CRACKERS CHEESE STICKS	CHERRY YOGURT RAISINS	REDUCED DAY	SABORY PIZZA CRACKERS CANTALOUPE FRESH	SUN CHIP PEAR CUP
WEEK BEGINNING ON MAY 12, 2025					
BREAKFAST	W/G COCOA PUFF CEREAL MIXED FRUIT CUP 1% WHITE MILK-6 OZ.	SCRAMBLE EGGS WAFFLE STICKS APPLESAUCE CUP 1% WHITE MILK-6 OZ.	W/G BANANA MUFFIN MANGO CHUNKS 1% WHITE MILK-6 OZ.	W/G SCOOTERS CEREAL PEAR CUP 1% WHITE MILK-6 OZ.	W/G EGGO MINI PANCAKE PINEAPPLE CUP 1% WHITE MILK-6 OZ.
LUNCH	CHICKEN BREAST 2OZ CORN 4OZ WG ELBOW PASTA 1OZ PEACHES CUP 2OZ 1% WHITE MILK-6 OZ.	BEEF MAC AND BEEF 2OZ HASH BROWNS 4OZ WG RICE SEAS 1OZ STRAWBERRY CUP 2OZ 1% WHITE MILK-6 OZ.	CHICKEN PATTY 2OZ SQUASH 4OZ WG MAC AND CHEESE 1OZ PINEAPPLE CUP 2OZ 1% WHITE MILK-6 OZ.	MEATBALLS 2OZ PEAS 4OZ WG ROLL 1OZ ORANGE 2OZ 1% WHITE MILK-6 OZ.	HOAGIE TURKEY AND CHEESE 2OZ WG TORP ROLL 1OZ THREE BEAN 4OZ APPLE CUP 2OZ 1% WHITE MILK-6 OZ.
SNACK	BABY CARROTS DRESSING	HONEY GRAHAM CRACKERS FRUIT GEL ORANGE	UTZ PRETZEL CHEESE STICKS	STRAWBERRY/ BANANA YOGURT GRANOLA	BEAR CRACKERS TANGERINE/ORANGE JUICE
WEEK BEGINNING ON MAY 19, 2025					
BREAKFAST	STRAWBERRY CREAM CHEESE BAGEL FRESH BANANA 1% WHITE MILK-6 OZ.	SCRAMBLED EGGS APPLE SLICES 1% WHITE MILK-6 OZ.	CINNAMON RAISIN CREAM CHEESE BAGEL FRESH CANTALOUPE 1% WHITE MILK-6 OZ.	W/G MARSHMALLOW CEREAL FRESH GRAPES 1% WHITE MILK-6 OZ.	SCHOOL CLOSED
LUNCH	BEEF HOT DOGS 2OZ OKRA 4OZ WG WHEAT BREAD 1SL 1 OZ PINEAPPLE 2OZ 1% WHITE MILK-6 OZ.	CHICKEN STEW 2OZ COLLARD 4OZ WG RICE 1OZ STRAWBERRY 2OZ 1% WHITE MILK-6 OZ.	CHICKEN TENDERS 2OZ TATER TOTS 4OZ WG PASTA 1OZ MANDARIN/ORANGE 2OZ 1% WHITE MILK-6 OZ.	SLICE HOT TURKEY 2OZ VEGETERIAN BEANS 4OZ WG ROLL 1OZ CRANBERRY 2OZ 1% WHITE MILK-6 OZ.	
SNACK	SUNRISE COOKIES PEACH YOGURT	BEAR CRACKERS FRESH CANTALOUPE	REDUCED DAY	ANIMAL CRACKERS CHEESE STICKS	
WEEK BEGINNING ON MAY 26, 2025					
BREAKFAST	SCHOOL CLOSED	W/G APPLE MUFFIN MANGO CHUNKS 1% WHITE MILK-6 OZ.	SCRAMBLE EGGS W/G BREAD APPLE SLICE 1% WHITE MILK-6 OZ.	W/G CINNAMON STICKS CANTALOUPE FRESH 1% WHITE MILK-6 OZ.	W/G CHEERIOS CEREAL PEAR CUP 1% WHITE MILK-6 OZ.
LUNCH		BEEF TACO MEAT 2OZ WG SOFT TACO 1OZ LETT/TOM/CHEESE 2OZ ORANGE 2OZ CAULIFLOWER 2OZ 1% WHITE MILK-6 OZ.	CHICKEN DRUMS 2OZ CORN BEEF HASH 4OZ WG MIX RICE 1OZ MIX FRUIT 2OZ 1% WHITE MILK-6 OZ.	TURKEY ROAST 2OZ SWEET POTATOES 4OZ WG RIGATONI 1OZ BANANA 2OZ 1% WHITE MILK-6 OZ.	SANDWICH TURKEY 2OZ WG BREAD 1OZ POTATOE SALAD 4OZ MANDARINS 2 OZ 1% WHITE MILK-6 OZ.
SNACK		W/G HONEY GRAHAM CRACKERS PINEAPPLE CUP	FRESH GRAPES MOZARELLA CHEESE	VANILLA YOGURT RAISINS	SUNRISE CRACKERS APPLE JUICE

Menu is subject to change anytime.

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